

# How to make career advancement in economics more inclusive

Men are overrepresented in senior academic positions in Economics. What factors can explain this phenomenon, and how can we make the academic environment more inclusive?

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Men are overrepresented in senior academic positions in Economics (Teunissen and Hogendoorn, 2018). While gender inequality in academia is universal (Miller et al., 2015), it is especially pronounced in the Economics discipline (Leslie et al., 2015) and in the Netherlands in particular (Miller et al., 2015). In nearly four decades, only six women have ever made it into the ESB Economics Top 40.

It is important to note that promoting gender equality is not just a matter of fairness; it is – as should be of interest to Economists – also a matter of efficiency. For instance, Hsieh et al. (2018) have argued that no less than a quarter of the economic growth in the US between 1960 and 2010 can be attributed to what they call “the improved allocation of talent” of members of underrepresented groups. For the Netherlands specifically, The McKinsey Global Institute recently calculated that greater gender parity in labor force participation, STEM fields, and senior positions, would add more than 100 billion euros to Dutch GDP (McKinsey, 2018).

To shed light on this phenomenon and to present insight into possible interventions, we provide a conceptual and empirical analysis of the factors underlying gender differences in career advancement in Economics, drawing on the latest research in the behavioural sciences.

## CAUSES OF UNDERREPRESENTATION

Empirical evidence on the causes of women’s underrepresentation in senior positions points to gender stereotypes more than women’s preferences and ability. Gender stereotypes are commonly accepted ideas about the roles of men and women in society, both at home and at work. These ‘received ideas’ do not only reflect what men and women typically *do*, but also what they *should* do and should *not* do, and in that sense are both descriptive and prescriptive (Heilman, 2012; Ridgeway, 2009). The predominant expectation is that men work and women care; these societal gender roles are translated into typical attributes of men (e.g. competitive and assertive) and women (e.g. kind and modest).

Stereotypes may, or may not, reflect reality in terms of actual differences between men and women. What is important though is that “stereotypes, whether ‘accurate’ or not, function as expectations, thus guiding perceptions and judgment” (Biernat and Sesko, 2018). For math-intensive disciplines such as Economics, it is pertinent that many people (both men *and* women) believe that men have a higher innate ability for math

than women (Leslie et al., 2015). In reality, there is much more overlap than difference in the distribution of the actual math abilities of men and women. However, even when members of groups collaborating on math tasks are informed that the woman in the group is the person with the highest math ability, team members still tend to put more confidence in the men in the team, as a result hampering actual group performance (Van Dijk et al., 2018).

Gender bias (or prejudice) is a cognitive distortion that follows from a lack of stereotype fit between stereotypes of a particular social role and gender roles. In senior roles, there is a greater degree of stereotype fit for men than for women (Heilman, 2012). Women are thus ‘presumed incompetent’ or even inferior to men when it comes to senior, often male-dominated, roles. It is important to realise that both men and women are biased – both favour men in senior roles (Koenig et al., 2011). In academia, the stereotypical successful academic is competitive and assertive, whereas women are expected to be modest (Bleijenbergh et al., 2013). In the case of Economics, the famous adagio “think manager, think male” (Koenig et al., 2011; Schein, 1973) is thus likely translated into “think economist, think male”.

Stereotypes about gender and science start young and are strong (Miller et al., 2018) – especially in Economics (Leslie et al., 2015) and in the Netherlands (Miller et al., 2015) – which makes gender bias a common phenomenon in this particular context. Making counter-stereotypical educational and professional ‘choices’, such as moving into a math-intensive field, is harder and generates more disapproval from observers and evaluators than fitting the stereotype does. Without changing stereotypes, encouraging young women to choose such disciplines will not have much effect on their representation at higher levels. In addition, women in senior positions who show assertive and self-promoting behaviour may experience backlash for not adhering to the injunctive norm of modesty fitting in with their stereotypical gender role (Rudman, 2008).

### CONSEQUENCES OF GENDER BIAS

As gender bias is often implicit and subtle, it is more difficult to recognise and thus harder to counter than blatant and explicit discrimination (Biernat et al., 2011). Bias colours both decision making and the application of criteria for selection and promotion (Vinkenburg, 2017), resulting in fewer promotions for

women and ultimately in the underrepresentation of women at senior levels, relative to men. Martell et al. (2012) refer to mathematical simulations to show that only a little bit of bias in every performance evaluation along the way results in considerable gender segregation in senior positions. In terms of individual careers in academia, stereotypes and bias in performance evaluation lead to a vicious and difficult to break cycle in which women receive fewer opportunities to develop into high-performing researchers (Van den Besselaar and Sandström, 2017).

A significant part of the existing evidence of gender bias in academic hiring and promotion decisions comes from experimental studies using either fictional CVs or real CVs in which only the name and matching gender is changed (Moss-Racusin et al., 2012; Milkman et al., 2015). Even with an identical track record, the CV of job applicants with male names is usually preferred, and men have a far higher chance of being selected and/or promoted than women.

### ACADEMIC SELECTION AND PROMOTION

What makes it hard to pinpoint gender bias in actual academic selection and promotion decisions is that this is only possible if we can control or correct for objective performance, which in academic careers is usually measured by publications, citations and grant income. Recent studies that were able to do so show that gender bias is clearly present. Following a cohort of Dutch researchers who submitted an application for an NWO Veni (Veni grant awarded by the Netherlands Organisation for Scientific Research) early career grant between 2003–2005, Van den Besselaar and Sandström (2016) found that men’s careers progressed faster than women’s. This was true across disciplines (including Economics), even when controlling for differences in year group, performance and mobility.

Sarsons (2017) finds that one reason why women in Economics get tenured at a lower rate than men, even with similar academic performance, is that women receive less credit than men for articles that are co-authored with men. However, even when actual performance data is available and candidates are equally qualified, decision makers have been shown to overestimate men’s track records relative to women’s (King, 2006). In grant applications, women are equally successful to men when reviewers evaluate the research idea, but not when they evaluate the researcher’s CV (Van der Lee and Ellemers, 2015; Wittteman et al., 2018).

### MERITOCRACY AND DECISION-MAKING

The extent to which academics accept evidence of gender bias is complicated by their strong belief in, and matching rhetoric of, meritocracy (Nielsen, 2016). We all like to believe that those who are successful in academia are so because they have more merit (i.e. worth, superior quality) than those who are not successful, and that everyone has an equal chance regardless of their gender, race, class, or other non-merit factors (Castilla and Benard, 2010). However, reward allocation and performance evaluation practices that *appear* to be meritocratic (Joshi et al., 2015) often result in an unequal distribution of success in favour of some, *regardless* of the actual distribution of merit (Vinkenburg, 2017). For instance, when both the actual number of and relative contribution to publications are overestimated for male academics, counting publications favours men relative to women. Academia suffers from the paradox of meritocracy; in systems with strong meritocratic beliefs, decision makers are ironically more biased in favour of men (Castilla and Benard, 2010). To stay with the same example: counting publications *appears* to be objective, and thus justifies the system and its unequal outcomes.

Where decision makers have discretion, bias is more likely to affect their decisions (Castilla, 2015). However, (partial) formalisation of selection and promotion processes to reduce ambiguity and discretionary space has mixed effects (Abraham, 2017). Quantifying performance by counting publications and citations may only serve as a threshold for candidates to be considered, with the ultimate selection or promotion decision being based on other, less objective and more bias prone criteria including potential and fit (Vinkenburg, 2017). Finally, efforts to make decision makers in academia aware of the existence of bias and its cumulative disadvantageous effects on women's

careers often lead to resistance, denial, and even anger (Handley et al., 2015; Moss-Racusin et al., 2015; Van den Brink, 2015). However, when efforts to de-bias the decision-making process are successful, more women are hired and promoted (Devine et al., 2017).

### 'BIAS COLLECTION' AND RECOMMENDATIONS

In order to move the needle on women's representation in senior positions in academia, we present two collections: First, collated evidence of gender bias, and second, practical and evidence-based interventions to mitigate bias and to make academia more inclusive. The 'bias collection' (see Table 1a–1c) brings together very recent empirical evidence related to gender differences on a range of indicators relevant to academic careers. Indicators range from publications, citations and grant applications, questions at conferences, student evaluations, and recommendation letters, to 'academic housework'. The two boxes present a list of practical, evidence-based interventions. These interventions do not *directly* target stereotypical notions of what a successful academic career in Economics in the Netherlands looks like. However, the resulting, more balanced, representation of women and men at the top of the academic hierarchy will ultimately affect stereotypes and reduce bias. Provided the willingness to engage in change is there, the interventions are all relatively simple to implement, do not require significant financial resources and come with the added benefit of making our workplaces and professional environments more inclusive, without compromising high standards.

#### In brief

- ▶ Gender bias and meritocratic beliefs explain men's over-representation in senior academic positions.
- ▶ Performance evaluation practices that appear to be meritocratic often result in unequal distributions of success.
- ▶ Several practical, evidence-based, interventions can mitigate bias and promote inclusion in academia.

## Performance evaluation and decision-making interventions

\* **Ensure the use of objective and transparent metrics.** ‘Citizen bibliometrics’, facilitated by Google Scholar, Microsoft Academic, and Publish or Perish (Harzing, 2007) have made it easier for every academic to compare themselves to others in terms of both publications and citations, and to do so using a variety of data sources.

\* **Use a variety of performance indicators.** In rankings of academics, different types of indicators favour different groups. For instance, citation-based rankings show different results from publication-based rankings, such as the ESB Economics Top 40. Two alternative Economics Top 40s (Harzing and Mijndhardt, 2015), based on authorship-corrected citation metrics rather than on publications, featured three and five women respectively, including two in the top 4 and the top 6 respectively, whereas in nearly *four decades* only six women ever made it to the publication-based ESB Economics Top 40.

\* **Change principles of authorship ordering.** Economics is one of the few disciplines that favour alphabetical ordering over contribution-based ordering. As shown by Sarsons (2017), ordering by level of contribution will benefit women. Alphabetical order should thus be reserved for publications where contribution was truly equal.

\* **Compensate for time to care in performance evaluation.** Managers and evaluators need to be attentive to the structural conditions affecting women’s and men’s publication rates and compensate for time to care. Given the propensity of temporary

contracts, shared care responsibilities and part-time work for both women *and* men in Dutch academia, this type of compensation takes into account the realities of combining career and care, and sustains academic career ambitions (Vinkenburg et al., 2015). For example: Tilburg School of Economics and Management offers research resources (e.g. reduction of teaching load, research assistance, travel grants) covering for time lost because of compulsory pregnancy leave; VU SBE (VU School of Business and Economics) adapts publication criteria for employees working part-time (factoring in FTE).

\* **Introduce more transparency and accountability** in both selection decisions and the performance evaluation process as a means to reduce gender bias (Castello, 2015). Limiting discretion in these processes can be supported by for instance developing algorithms for automatic promotion (Bosquet et al., 2018) or by using lottery thresholds for grant applications (Fang and Casadevall, 2016).

\* **Introduce behavioural modification programmes** for selection and promotion of committee members that monitor and provide feedback over a longer time (Devine et al., 2017), such as *customised bias mitigation* sessions (Vinkenburg, 2017). These sessions focus on optimising the decision-making process through the operationalisation and application of criteria for performance and potential.

## Workplace interventions

\* **Engage in Participatory Modelling**, a system dynamics-based intervention in which senior decision makers (e.g. dean and department chairs) together identify issues in, and solutions for, the career advancement (or stock and flow) of women and men in their faculty. This method has been applied at Dutch and other European universities and has resulted in several evidence-based local interventions to promote gender equality (Bleijenbergh and Van Engen, 2015; Van Arensbergen et al., 2017).

\* **Offer more flexibility and longer paid leave** (Goldin, 2014). In the Dutch context that would include longer mandatory paid paternity leave, to decouple the stereotypical notion that mothers care and fathers work, and to reduce ‘defaulting’ into part-time work.

\* **Create women-only academic networks.** Although several universities in the Netherlands have institutional, cross-disciplinary networks for women, networks such as CYGNA (Harzing, 2014) that are cross-institutional, but within-discipline might provide a more fruitful platform for mutual support, learning and networking.

\* **Ensure substantive representation in all spheres of academia**, i.e. decision-making boards including student associations, applicant pools, conference panels, internal and external communication, and even pictures on the (virtual and real) wall. A simple rule of thumb is 50/50, as having only one token woman simply makes her the exception to the rule and does not change stereotypes (King et al., 2010).

## RESEARCH

TABLE 1A

Area	Main topic	Discipline	First author	Year	Doi / url
Publications	Recognition for co-authored papers in tenure decisions	Economics	Sarsons	2017	10.1257/aer.p20171126
	Journal acceptances and rejections rates	Economics	Heller	2018	10.1177/0569434517732542
Citations	Analysis of citations management researchers	Business	Nielsen	2017	10.1016/j.joi.2017.09.005
Citations & memberships	Publications, citations, awards relative to society membership	Psychology	Brown	2016	10.1177/1948550616644297
	Scientific eminence	Psychology	Eagly	2016	10.1177/1745691616663918
Grants	Matthew effect (NWO ERC grants)	General	Bol	2018	10.1073/pnas.1719557115
	Grant applications	Science	Witteman	2018	10.1101/232868
Peer review	Journal peer review, writing style	Economics	Hengel	2017	10.17863/CAM.17548
	Scholarly review process	Business	King	2018	10.1177/0149206317743553
Prizes	Nobel Prizes	Economics	Rathi		<a href="https://qz.com/1097888/the-nobel-prize-committee-explains-why-women-win-so-few-prizes/">https://qz.com/1097888/the-nobel-prize-committee-explains-why-women-win-so-few-prizes/</a>
Performance	Publications, citations, grant income	General, incl. Economics	Van den Besselaar	2016	10.1007/s11192-015-1775-3
Editorial boards	Editor characteristics and representation in editorial boards	Business	Metz	2016	10.1111/1467-8551.12133
Conferences – panels	Representation at NBER Summer Institute	Economics	Chari	2017	10.3386/w23953
Conferences – speakers	Statistical likelihood of all male panels	General	Bacon	2015	<a href="http://www.laurenbacon.com/how-likely-is-an-all-male-speakers-list-statistically/">http://www.laurenbacon.com/how-likely-is-an-all-male-speakers-list-statistically/</a>
Conferences – programme committees, keynotes, panels	Gender balance at conferences	Science	Eastoe	2016	<a href="https://www.elsevier.com/editors-update/story/publishing-trends/why-gender-balance-at-conferences-should-become-the-new-normal">https://www.elsevier.com/editors-update/story/publishing-trends/why-gender-balance-at-conferences-should-become-the-new-normal</a>
Conferences – questions	Visibility in academic seminars: asking and getting questions	General	Carter	2017	<a href="https://arxiv.org/abs/1711.10985">https://arxiv.org/abs/1711.10985</a>
Colloquium speakers	Colloquium speakers at top universities	Economics	Nittrouer	2018	10.1073/pnas.1708414115
Media mentions	Expert quotes in news stories	General	Yong		<a href="https://www.theatlantic.com/amp/article/552404/">https://www.theatlantic.com/amp/article/552404/</a>
Publications on bias	Bias against research on bias	Business / Psychology	Cislak	2018	10.1007/s11192-018-2667-0
	Bias against evidence on bias	General	Handley	2015	10.1073/pnas.1510649112
Societies	Scientific leadership	Science	Potvin	2018	10.1371/journal.pone.0197280
Rankings	Economists Top 40	Economics	Harzing	2015	10.1007/s11192-014-1370-z

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# bias in academia

## EDUCATION

TABLE 1B

Area	Main topic	Discipline	First author	Year	Doi / url
Grades	Meta-analysis performance in Economics courses	Economics	Johnson	2014	10.1080/00346764.2014.958902
	Physics grading	Science	Hofer	2015	10.1080/09500693.2015.1114190
	Exams	Science	Ballen	2017	10.1371/journal.pone.0186419
Cases	Business case studies	Economics	Symons	2014	<a href="https://hbr.org/2014/04/what-the-scarcity-of-women-in-business-case-studies-really-looks-like">https://hbr.org/2014/04/what-the-scarcity-of-women-in-business-case-studies-really-looks-like</a>
Teamwork	Professors' perspective on student teamwork	Engineering	Beddoes	2018	10.1080/03043797.2017.1367759
Peer feedback	Academic performance BSc student peer feedback	Science	Grunspan	2016	10.1371/journal.pone.0148405
Textbooks	Economics textbooks	Economics	Stevenson	2018	10.1257/pandp.20181102, see also <a href="https://www.economist.com/graphic-detail/2018/01/17/how-gender-is-misrepresented-in-economics-textbooks">https://www.economist.com/graphic-detail/2018/01/17/how-gender-is-misrepresented-in-economics-textbooks</a>
	Advisor – PhD candidate dyads and careers	Science	Gaule	2018	
Teaching evaluations	Student evaluations of teaching	Economics	Boring	2017	10.1016/j.jpubeco.2016.11.006
Advisors	Advisor – PhD candidate dyads and careers	Science	Gaule	2018	10.1016/j.respol.2018.02.011

## ACADEMIC CONTEXT

TABLE 1C

Area	Main topic	Discipline	First author	Year	Doi / url
Job boards	Sexism, misogyny and stereotyping in job market forum	Economics	Wu	2017	<a href="https://www.aeaweb.org/articles?id=10.1257/pandp.20181101">https://www.aeaweb.org/articles?id=10.1257/pandp.20181101</a>
Recommendation letters	Recommendation letters	Science	Madera	2018	10.1007/s10869-018-9541-1
Hiring	Numbers of women in applicant pools	General	Johnson		<a href="https://hbr.org/2016/04/if-theres-only-one-woman-in-your-candidate-pool-theres-statistically-no-chance-shell-be-hired">https://hbr.org/2016/04/if-theres-only-one-woman-in-your-candidate-pool-theres-statistically-no-chance-shell-be-hired</a>
Academic culture	Gender ratio in discipline and ideologies and stereotypes	General, incl. Economics	Banchefsky	2018	<a href="http://www.mdpi.com/2076-0760/7/2/27">http://www.mdpi.com/2076-0760/7/2/27</a>
Pay	Market and performance bonuses in universities	General, incl. Economics	Bailey	2016	10.1177/0022185616639308
Address	Use of surname	Science	Atir,	2018	10.1073/pnas.1805284115
'Academic Housework'	Reprint of Wives of the Organization, and collection of reflections from 25 years later	Business	Huff, Harzing	1990 and 2016	<a href="https://harzing.com/blog/2016/04/female-academics-wives-of-the-organization">https://harzing.com/blog/2016/04/female-academics-wives-of-the-organization</a>
	Faculty service loads	General	Guarino	2017	10.1007/s11162-017-9454-2
	Academic service and requests for favours from students	General	El-Alayli	2018	10.1007/s11199-017-0872-6
Chairs	Named professorships in management	Business	Treviño	2015	10.1177/0149206315599216
Family policies	Effectiveness of 'Stop the clock' tenure policies	Economics	Antecol	2016	<a href="https://www.iza.org/publications/dp/9904">https://www.iza.org/publications/dp/9904</a>
Business schools	Interventions aimed at gatekeepers in business schools	Business	Treviño	2016	10.5465/amle.2015.0053



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